



# Nurture Provision at Heathfield Primary The Rainbow Class

# Principles of nurture

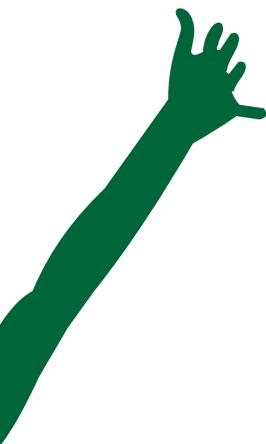
1. Children's learning is understood developmentally
2. The classroom offers a safe base
3. Nurture experiences are vital in the development of self-esteem
4. A child's behaviour is sometimes their only means of communication
5. The development of language skills is vital to the nurture experience
6. Transitions and movements between people and places are full of meaning and need to be handled with care





## Purpose of Nurture Group

- To provide a flexible and preventative resource, which is responsive to the particular needs of the children attending our school.
- To provide on-going assessment and support for children showing signs of emotional, stress and social difficulties with the aim of enabling the child to access the curriculum and participate fully in school life.
- To provide a secure and reliable environment where children can learn by re-experiencing pre-school nurture from caring adults who actively work towards their successful integration into their mainstream class.
- To help children to learn to behave appropriately, use their curiosity constructively, improve their self-esteem and develop confidence through close and trusting relationships with adults.
- To work in partnership with class teachers and parents to enable consistency of approach, both at home and at school.



## Description

There will be a maximum of 12 children in the Nurture Group at any one time.

The children will be on the register of their mainstream class. Children from other schools will be dual registered.

The Nurture Group will be staffed by two experienced Teaching Assistants who are Nurture Network trained.

The planning and assessment, together with some teaching will be the responsibility of Mrs Wilson, an experienced teacher and Nurture Network Trainer.

## Social Emotional Aspects of Learning Curriculum

Every day children in Rainbow class start their day with circle time activities. Children need to feel confident and able to express how they are feeling and understand their actions have both positive and negative consequences. Offering children the opportunity to be listened to at the beginning of each day makes them feel safe and valued.

## Social Skills Development

An important part of Nurture Class timetable is snack/lunch time sessions. During this time children are taught social skills and turn taking. This is a valuable time as not only do they develop the skills above, it also has a positive impact on their concentration and listening skills.

## Massage in Schools Programme MISP

MISP is an easy, accessible and effective tool for improving children's quality of life in school. The MISp is a refreshing way to attain many educational goals, including those that are cognitive, emotional and behavioural. Parents will also be introduced to this new way of interacting with their children.

## Transition Arrangements

The ultimate aim is to integrate children back into mainstream classes.

Reintegration will be planned with the Nurture Manager, parents, class teacher, nurture group team and other key adults.

Some children may only require a term in the provision whilst others may need three terms or more. Each child is an individual and their needs are carefully considered to ensure a successful and seamless transition into their mainstream class.



How we felt  
before and  
after  
massage.



# Curriculum and timetable

Children have access to a broad and balanced curriculum with emphasis on the SEAL (social and emotional aspects of learning) curriculum.

The timetable below is a typical example in Rainbow Class.

9am - 9:20am	Circle time and snack
9:20am - 9:55am	Literacy
10:00am	Wake up and shake up
10:10am	Phonics
10:30am	Playtime
10:45am	Numeracy
11:15am	Choosing time
11:30am	Lunchtime
12:45pm	Reading
1:15pm	Topic
2:15pm	Playtime
2:30pm	Sing up/Circle time
2:45pm	Choosing time
3:05pm	Story time

## What our children say

Kelsie "I was quiet, I wouldn't talk, I wanted help all the time. I have changed I can do my work on my own, I can now talk in front of people".

Reggie "I had tantrums; I had my grumpy pants on. I have changed I am a good lad, now I am a kind and helpful".

Bethany "I used to cry, I didn't want to leave my Mammy, I was sad".

Nicole "I was a silly girl, I wouldn't listen. I wasn't good at home until I got my home school diary. I am good and I try to listen more."

Kishan "I was not kind, I didn't like to share, I was like naughty Nigel. I was not good for Mam and Dad. I have changed because I am good and kind. I do good things I am good for Mammy and Daddy."

## Parental Involvement

It is vital we develop positive relationships with our parents. Before a child starts in Rainbow class it will be explained to parents that they will be encouraged to participate in parent sessions in school to support their child's learning. We aim to develop supportive and trusting relationships for our families in both our school and their home environments.

### What our Parents say

"My child can play confidently with other children now, he can read and write now – and enjoys it. It has made a massive difference at home, he has learned to understand routines and keep himself safe. He asks for massage time at home!"

*Ellen Cook*



"I can see a big difference in Tyler, both at home and school, his reading is fantastic and his confidence has improved so much. I have really enjoyed the parents sessions in school."

*Viki Marshall*

"Skye has completely changed, she is calmer, she can share and listens. It's made such a big difference at home to."

*Stacey Smith*



"Being in Rainbow class this year has been brilliant for my little man. The support my family has had from all the teachers has been excellent. His confidence has rocketed since the start of the year. His school work has also greatly improved. A brilliant class!"

*Lesley Loughran*



# North East Wellbeing

Emotionally Healthy Communities

Heathfield School and North East Wellbeing run  
The Rainbow Class in partnership.

Places in the Rainbow Class are available through  
North East Wellbeing. Training and support to  
develop Nurture in your school is offered as well.

Please Contact Sue Wilson or Toby Quibell

Heathfield Primary School  
The Broadway  
Darlington  
County Durham  
DL1 1EJ  
United Kingdom

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Tel: 01325 252144  
Fax: 01325 252010  
Email: [director@gpcd.org.uk](mailto:director@gpcd.org.uk)

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